



CENTRE DE RENOUVEAU  
**AULNEAU**  
RENEWAL CENTRE INC

THE GEORGE RAJOTTE  
AND FAMILY  
EDUCATION &  
TRAINING INSTITUTE

**Aulneau Renewal  
Centre**  
228 Hamel Avenue  
Winnipeg, Manitoba  
R2H 0K6

**Ph: (204) 987-7090**  
**Fax: (204) 987-8880**  
**admin@aulneau.com**



**Kim Barthel BMR OTR**



**Irmie Nickel BOT MA**

The Aulneau Renewal Centre Presents:  
**The Magic of Connection:  
Attachment & Fetal Alcohol Spectrum Disorder®**  
*What it is and what to do.*

**With Kim Barthel BMR OTR and Irmie Nickel BOT MA**

**April 23, 24, & 25, 2012**

Registration at 8:30 a.m. Conference at 9:00 a.m. to 4:30 p.m.

**At the new Aulneau Renewal Centre location**

228 Hamel Avenue, Winnipeg Manitoba

Only \$295

A healthy attachment between an infant and loving parents or caregivers creates a lasting sense of security and safety for the child. This allows for optimal growth, development, relationships and ultimately learning. In fact, numerous studies show that attachment profoundly influences every aspect of human development. When the attachment relationship is disrupted or fails to develop, children feel insecure, unsafe and anxious. Many difficulties experienced by individuals throughout life can be traced back to growing up not feeling safe.

Individuals with FASD present with distinct neurological challenges due to the prenatal effects of alcohol which can alter information processing, emotional regulation and cognition, ultimately affecting behaviour. Due to this neurological impairment, the area of the brain known as the "attachment centre" is affected in structure impacting the developmental process of relationships and emotional/psychological health.

This dynamic workshop will provide comprehensive understanding of the mutual interplay between nurture and nature in the FASD brain. Discover ways to "make connections" in the growing brain of the child with FASD resulting in encouraging changes in relationships involving this disabling condition that exhibits limitations across the lifespan. Understand attachment and self-regulation strategies that support modulation of arousal in relationship to information processing, emotional regulation and cognition, ultimately affecting behaviour. Learn to develop helpful environments for children and adults with FASD through enhanced attachment relationships at home, at school and in therapeutic settings.

**Day 1: FASD & The Science of Attachment**

This day will focus on developing an understanding of the neurobiology of Attachment and FASD. The seamless interrelationship of nature and nurture will be explored and illuminated.

Presented by: Kim Barthel, BMR OTR

**Day 2 am: FASD & The Theory and Science of Self-Regulation**

This half day will focus on developing an understanding of the impact that problems with sensory and emotional regulation have on daily living.

Presented by: Kim Barthel, BMR OTR

**Day 2 pm: FASD & The Theory of Attachment**

This half day will focus on developing an understanding of why attachment relationships are important to individuals with FASD and how attachment relationships lay the groundwork for improved function in the future.

Presented by: Irmie Nickel, BOT MA OT Reg (Mb)

**Day 3: FASD & what to do**

This day will focus on developing helpful environments for children and adults with FASD. Workshop participants will be asked to present problematic scenarios involving children or adults with FASD. A method for describing the strengths and weaknesses of the involved child or adult will be reviewed, followed by a method for examining the task at hand. This information will be applied to the child or adults environment.

# Aulneau Renewal Centre Certificate Training Program

## The Magic of Connection: Attachment & Fetal Alcohol Spectrum Disorder© What it is and what to do.

### Registration Form

Mail / Fax registration to: Marie Hutchison  
Aulneau Renewal Centre 228 Hamel Avenue, Winnipeg, MB R2H 0K6  
Telephone: (204) 987-7090 Fax: (204) 987-8880 E-mail: admin@aulneau.com

Name: \_\_\_\_\_ Agency: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov.: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone (H): \_\_\_\_\_ Phone (W): \_\_\_\_\_

E-mail: \_\_\_\_\_

**Please register by March 28, 2012**

This 3-day workshop includes the following:

_____ FASD and the Science of Attachment	April 23, 2012
_____ FASD and Self-Regulation	April 24, 2012 am
_____ FASD and the Theory of Attachment	April 24, 2012 pm
_____ FASD and what to do	April 25, 2012

\_\_\_\_\_ 3 day workshop ~ \$295.00

**Continuing Education Credits:**  
Participants will receive certificates of participation which may be submitted to licensing boards or professional associations for continuing education credits.

The above workshops may be taken individually for continuing education credits at \$125.00 each.

**TOTAL: \$** \_\_\_\_\_

Please make cheque payable to Aulneau Renewal Centre. Receipt of payment will confirm registration.

### PRESENTERS

**Kim Barthel, BMR, OTR** is a Neuro-Developmental Treatment-OT Instructor and a teacher of Sensory Integration Therapy. Kim's current professional challenge includes team strategy facilitation for acute pediatric/adolescent mental health cases, and creating sustainable care strategies in a wide variety of cultures throughout the world. She has also authored the pediatric textbook; Evidence and Art: Merging Forces in Pediatric Therapy. Kim is an internationally sought after speaker who proficiently blends and bridges the most up-to-date science of connection and attachment theory with the intuitive aspect of the therapeutic process.

**Irmie Nickel, MA, OT Reg (Mb)** is an occupational therapist, a psychotherapist and the executive director of the Aulneau Renewal Centre. Irmie's career has focused on developing agency and community based crisis mental health and attachment based services for children and families. She has presented nationally and internationally on the subjects of crisis intervention and attachment. The Aulneau Renewal Centre specializes in providing attachment-based counseling services and training programs to individuals of all social service backgrounds. The Aulneau Renewal Centre is a founding member of the International Association for the Study of Attachment.

Registration: 8:30 a.m. Training begins at 9:00 a.m. Days end at 4:30 p.m. Beverage breaks provided. Lunch is not provided. All day parking will be arranged for conference participants on the streets surrounding the Aulneau Renewal Centre. Registrations are non-refundable but are transferable to a substitute participant by request.