



CENTRE DE RENOUVEAU
AULNEAU
RENEWAL CENTRE INC

**Aulneau Renewal
Centre**
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Winnipeg, Manitoba
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Csilla Przibislawsky
M.A. (CAT),CCC

The Aulneau Renewal Centre Presents:

Drama Therapy

Experiencing The Body In Therapy

With **Csilla Przibislawsky** M.A. (CAT),CCC

March 15, 2012

9:00 a.m. to 4:30 p.m.

At the Aulneau Renewal Centre

228 Hamel Ave, Winnipeg, MB.

This one day training experience will focus on the use of the body in Drama Therapy. We will begin the day with an interactive drama therapy experience, then move on to analyzing the various components of the morning's experience and discussing how to integrate this into practice. We will explore with whom, why and how working with the body is essential in accessing the affective states necessary for processing trauma, abuse and loss.

This workshop is intended for experienced clinicians. Participants will gain a working knowledge of the techniques that will be taught.

"We all experience life first through our senses and our bodies, and only at older ages through language and abstract thoughts"¹. If our trauma, abuse or loss experiences occur in these early years, we will only be able to access, process and resolve these experiences by engaging our senses through our bodies.

Drama Therapy processes are internalized, then expressed outward. This process (called "Embodiment") accesses affective states buried in the tissues of the body. These emotions are first experienced as abstract and through the process of enactment begin to become more concrete. Through the client's body, the experience begins to be processed, then translated to thought that can then be ordered and made meaning of.



1 Sally Bailey - www.dramatherapycentral.com

2 Photo: Drama Therapist Tannis Hugill in her Vancouver studio

Aulneau Renewal Centre

Drama Therapy And The Body

March 15, 2012

9:00 AM—4:30 PM

Registration Form

Mail / Fax registration to:

Aulneau Renewal Centre 228 Hamel Avenue, Winnipeg, MB R2H 0K6
Telephone: (204) 987-7090 Fax: (204) 987-8880 E-mail: admin@aulneau.com

Name: _____ Agency: _____

Street Address: _____ City: _____ Prov.: _____

Postal Code: _____ Phone (H): _____ Phone (W): _____

E-mail: _____

REGISTRATION FEE: \$99

Please register by February 28, 2012

TOTAL: _____ Please make cheque payable to (and send to):

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PRESENTERS

Csilla Przibislawsky holds a Master's degree in Drama Therapy from Concordia University, Montreal and twelve years of professional experience working as a Drama Therapist. Csilla has also specialized in Attachment assessment and interventions and synthesizes her knowledge of both in her clinical work. She presently works with children, youth and adults individually as well as with groups, and families. She also runs Drama Therapy groups for schools, tailoring the group to the needs of the individuals involved.

Registration: 9:00 a.m. and begins at 9:30 a.m. Day ends at 4:30p.m. Beverage breaks provided. Lunch is not provided. Registrations are non-refundable but are transferable to a substitute participant by request.