



The Aulneau Renewal Centre Presents:

Sibshops: Workshops for Siblings of Children with Special Needs

One Saturday a month from October 2011 - May, 2012

Starts at 10:30 a.m. to 1:00 p.m.

At the Aulneau Renewal Centre

228 Hamel Ave, Winnipeg, MB.

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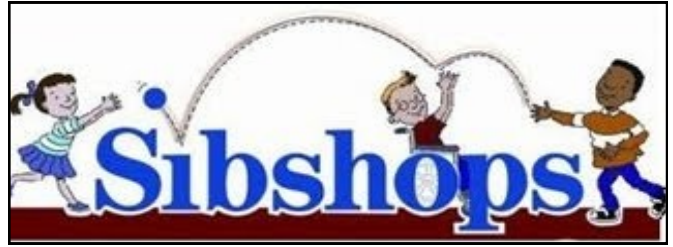
Sibling relationships are beautifully complex and contain a wide range of feelings in a given day; love, frustration, loyalty, rivalry, and friendship. Having a sibling with special needs often heightens these conflicting feelings, and may impact each child in a variety of ways. For the typically developing child having a sibling with special needs may result in feelings of fear, guilt, embarrassment, responsibility, and resentment. However, this relationship is also a source of pride, and can result in increased patience, compassion, empathy, maturity and a more rounded perspective in life. For the child with special needs the sibling relationship is imperative to social skill development, and will likely be the longest and most enduring relationship in their lives.



Julie Walsh
B.A., M.S.W

Sibshops are workshops for the brothers and sisters of kids with special needs which bring these 'sibs' together in two languages that are universal to all children: play and shared experience. Utilizing a highly engaging and recreational approach, Sibshops provide peer support for the typically developing siblings by offering a venue for such children to celebrate themselves and their families. Sibshops take a wellness approach by recognizing that most families of children with special needs are healthy and resilient, thus Sibshops are not group therapy but the results may be therapeutic. This series of Sibshops is targeted at

siblings of children with Special needs who are between 8-12 years old.



The Goals of the Sibshop model are:

- 1. Sibshops will provide brothers and sisters of children with special needs an opportunity to meet other siblings in a relaxed, recreational setting.*
- 2. Sibshops will provide brothers and sisters with opportunities to discuss common joys and concerns with other siblings of children with special needs.*
- 3. Sibshops will provide siblings with an opportunity to learn how others handle situations commonly experienced by siblings of children with special needs.*
- 4. Sibshops will provide children with an opportunity to learn more about the implications of their siblings' special needs.*
- 5. Sibshops will provide parents and other professionals with opportunities to learn more about the concerns and opportunities frequently experienced by brothers and sisters of children with special needs.*

The description of the Sibshops (including goals) has been adapted from SIBSHOPS: WORKSHOPS FOR SIBLINGS OF CHILDREN WITH SPECIAL NEEDS (Donald J. Meyer & Patricia F. Vadasy, 1994, Baltimore: Brookes Publishing)



PRESENTERS

Julie Walsh holds a Masters in Clinical Social Work from the University of Manitoba, focusing on disability related issues and approaches to supporting individuals with disabilities, as well as individual, group, and family approaches to therapy. She has experience working with and supporting families who have children with special needs. She has also spent the last five years practicing child and family therapy, with a focus on attachment-based and play/recreational approaches. She was trained in the Sibshops model by its creator: Don Meyers and received this training at the Mayo Clinic in Rochester MN.

Aulneau Renewal Centre

Sibshops:

Workshops for Siblings of Children with Special Needs

Registration Form

Mail / Fax registration to: Marie Hutchison

Aulneau Renewal Centre 228 Hamel Avenue, Winnipeg, MB R2H 0K6

Telephone: (204) 987-7090 Fax: (204) 987-8880 E-mail: admin@aulneau.com

Child's Name: _____ Date of Birth: _____

Parents Name: _____ Street Address: _____

City: _____ Prov.: _____ Postal Code: _____

Phone (H): _____ Phone (C): _____ Phone (W): _____

E-mail: _____

Name of Sibling: _____ Age: _____

Description of sibling's health or developmental needs: _____

Please check the Sibshop you would like your child to participate in:

October 22, 2011 _____

March 24, 2012 _____

November 19, 2011 _____

April 21, 2012 _____

January 28, 2012 _____

May 26, 2012 _____

February 25, 2012 _____

REGISTRATION FEE: \$35 per day

TOTAL: _____ Please make cheque payable to (and send to): ***Aulneau Renewal Centre***
Sibshop scholarships are available for families who may not be able to afford the fee.

How did you hear about Sibshops? _____

Reason for wanting you child to participate in Sibshops: _____

Is there anything you hope your child may learn or gain from participating in Sibshops? _____

Describe the relationship between your children: _____

Does the participating child have any food or environmental allergies? _____

Will high energy/running activities be difficult for your child? _____

Would you be interested in attending a parenting meeting sometime during the 2011/2012 year?

Any other information you would like us to know? _____
