



CENTRE DE RENOUVEAU  
**AULNEAU**  
RENEWAL CENTRE INC

THE GEORGE RAJOTTE  
AND FAMILY  
EDUCATION &  
TRAINING INSTITUTE

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Kim Barthel BMR OTR



Irmie Nickel BOT MA

The Aulneau Renewal Centre Presents:  
**The Treatment of Trauma  
from an Attachment Perspective ©**

With Kim Barthel BMR OTR and Irmie Nickel BOT MA

**February 22, 23 & 24th, 2012**

Registration at 8:30 a.m. Conference at 9:00 a.m. to 4:30 p.m.

**At the new Georges Rajotte and Family  
Education & Training Institute**

228 Hamel Avenue, Winnipeg Manitoba

Only \$295

Neurodevelopmental research has established that, because of the brain's extreme malleability and sensitivity to experience in early childhood, traumatic events in the first few years of life have long-term impacts on emotional, behavioral, cognitive, social and physiological functioning. This is particularly likely if the events are severe, unpredictable, or persistent (Perry, 1994). This workshop will introduce the neurobiological effects of early developmental trauma upon the brain and resultant behavior. Methods for effectively working with children and adults who have suffered from ongoing, recent and past neurodevelopmental trauma will be discussed.

The goal of this workshop is to give counselors, therapists, social service and mental health care providers an understanding of trauma from an attachment perspective and to introduce effective interventions that incorporate the body, the mind and the emotions. This information will be of interest to anyone working with children, adolescents, adults and families.

**Day 1: The Neurobiology of Trauma**

This day will focus on developing an understanding of trauma, brain development and the implications for brain function caused by trauma.

Presented by: Kim Barthel, BMR OTR

**Day 2 am: Body Based Trauma Interventions**

The focus of this morning will be on developing a repertoire of interventions that work through the body to help individuals overcome the effects of trauma.

Presented by Kim Barthel, BMR OTR

**Day 2 pm: Interventions for working with Ongoing Trauma**

This afternoon will focus on developing strategies for working with individuals who continue to be exposed to ongoing trauma.

Presented by: Irmie Nickel, BOT MA, OT Reg (MB)

**Day 3: Working through Recent and Past Trauma**

This morning will focus on developing an understanding of strategies for working through recent trauma. Interventions for working through past trauma will be explored in the afternoon.

Presented by: Irmie Nickel, BOT MA, OT Reg (MB)

# Aulneau Renewal Centre Certificate Training Program

## The Treatment of Trauma from an Attachment Perspective ©

### Registration Form

Mail / Fax registration to: Marie Hutchison  
Aulneau Renewal Centre 228 Hamel Avenue, Winnipeg, MB R2H 0K6  
Telephone: (204) 987-7090 Fax: (204) 987-8880 E-mail: admin@aulneau.com

Name: \_\_\_\_\_ Agency: \_\_\_\_\_

Street Address: \_\_\_\_\_ City: \_\_\_\_\_ Prov.: \_\_\_\_\_

Postal Code: \_\_\_\_\_ Phone (H): \_\_\_\_\_ Phone (W): \_\_\_\_\_

E-mail: \_\_\_\_\_

**Please register by February 15, 2012**

This 3-day workshop includes the following:

_____ <b>The Neurobiology of Trauma</b>	February 22, 2012
_____ <b>Body Based Trauma Interventions</b>	February 23, 2012 am
_____ <b>Interventions for working with Ongoing Trauma</b>	February 23, 2012 pm
_____ <b>Working through Recent and Past Trauma</b>	February 24, 2012

\_\_\_\_\_ 3 day workshop ~ \$295.00

The above workshops may be taken individually for continuing education credits at \$125.00 each.

**TOTAL: \$** \_\_\_\_\_

Please make cheque payable to (and send to) Aulneau Renewal Centre.  
Receipt of payment will confirm registration.

### PRESENTERS

**Kim Barthel, BMR, OTR** is a Neuro-Developmental Treatment-OT Instructor and a teacher of Sensory Integration Therapy. Kim's current professional challenge includes team strategy facilitation for acute pediatric/adolescent mental health cases, and creating sustainable care strategies in a wide variety of cultures throughout the world. She has also authored the pediatric textbook; Evidence and Art: Merging Forces in Pediatric Therapy. Kim is an internationally sought after speaker who proficiently blends and bridges the most up-to-date science of connection and attachment theory with the intuitive aspect of the therapeutic process.

**Irmie Nickel, BOT, MA, OT Reg (MB)** is an occupational therapist, a psychotherapist, a crisis interventionist and the executive director of the Aulneau Renewal Centre. Irmie's career has focused on developing agency and community based crisis mental health and attachment based services for children and families. She has presented nationally and internationally on the subjects of crisis intervention and attachment. The Aulneau Renewal Centre specializes in providing attachment-based counselling services and training programs to individuals of all social service backgrounds. The Aulneau Renewal Centre is a founding member of the International Association for the Study of Attachment.

### Continuing Education Credits:

Participants will receive course certificates which may be submitted to licensing boards or professional associations for continuing education credits.

Registration: 8:30 a.m. Training begins at 9:00 a.m. Days end at 4:30 p.m. Beverage breaks provided. Lunch is not provided. All day parking will be arranged for conference participants on the streets surrounding the Aulneau Renewal Centre. Registrations are non-refundable but are transferable to a substitute participant by request.